



Hey Angel Alchemist,

Have I mentioned that I love you lately? *Because I do*, and so does your team of Invisible Helpers that brought us together!

Please enjoy this next cycle as we do a deep exploration of your *root and sacral chakra* as well as get to know AA Raziel, AA Haniel, and best of all, you will get to know each other!

During your partner match ups, you will be inviting the angels to clear each other's bubble. This may cause some of you a little anxiety, but please do not worry. All of you are in the same boat, and this kind of clearing is VERY LOW KEY. Just hang back and watch the *magic* happen. The angels do ALL THE WORK FOR YOU. All you have to do is *watch, listen, feel, know* and witness the healing as real. :-)

Practice, practice, practice is the best way to deepen your connection with the Creator, the angels, and with your own divine gifts!!

Below is your homework for the next cycle. Be very deliberate with the work that we are doing over the next two weeks.

Explore Your Root & Sacral Chakra

Watch the meditation video that walks you through the steps of cleansing your root and sacral chakras.

The best way to learn about the chakras is to explore them for yourself. Books can only take you so far. This week's Personal homework is designed to increase your awareness of your own chakras and how to utilize them and work with them in your daily life.

★ Continue to do all the steps of grounding from week 1 daily.

- ★ Add: Washing your root and sacral chakra at least 3-5x/week.
- ★ Practice opening and closing your sacral chakra daily.
- ★ Make sure your sacral chakra is adjusted properly throughout the day depending on your environment.
- ★ Heal your own bubble with AA Michael and AA Raphael (instructions below).
- ★ After you are all healed, invite AA Haniel to clear any blockages that are preventing you from opening up your 4 chakras and your spiritual gifts.
- ★ Party!

You will be working with AA Michael and AA Raphael daily to repair your own aura.
Please follow the below steps below!

Your Partnerwork

You will be also doing the above same steps with your partner. You will find the partner work steps and your assigned partners for this cycle in our membership site.

Make sure that you have practiced on yourself, **BEFORE** you work with your first partner.

Special note: Some of you may have been assigned more than 2 partners. You do not have to meet with all 3 of your partners. Just two, but there is no harm in doing more than 2 so feel free to do more than 2!

I always *highly recommend* that you do more than 2 healings!! You can always ask for more volunteers on our FB group OR of course you can try these interventions with people in your own network.

When doing these clearings on each other I ask that you do them one on one. NOT with all 3 of you on the calls. This will be easier for you all to concentrate and focus on each other.

How to Clear an Aura with AA Michael and AA Raphael on Self and a Partner

- ★ Ground yourself and create your edge.
- ★ Call in the Creator, your guides, your angels, your helpers, and Archangel Michael

to come surround you, create a space of safety for you and also create a safe space for your partner.

★ If you are working on a partner, beg and plead with the Angels and Creator to help you see, sense, and feel clearly.

★ From your own space, ask the angels to help you see the person's aura. Make sure your grounding cords are connected. Notice any rips, tears, cords, dark patches, colors. Just trust what you see.

★ If you are working with a partner in this exercise feel free to share what you are seeing with them.

★ If you are seeing or feeling that the aura is super thick or heavy on one part of the body, ripped or torn, ask your partner if they have any pressure or pain on that particular part of the body. You may pick up on your partner's headaches, tightness of chest, etc. This will help you learn how to trust what you are seeing and feeling and if the person DOES feel something there, it will make you feel like an intuitive badass. :-)

★ Call in Archangel Michael and his army to come and clear any patches or gunk or junk that seem to be in your partner's space, and fill it up with white, think, sparkly light.

★ After the junk is gone, Call in Archangel Raphael to come and put his emerald green healing light wherever it needs to go in the person's space, energy body, and even physical body for repair and fill up the empty parts of the shell, rips, or tears. *Do the same for yourself if you are just working on yourself.*

★ Witness the aura in its perfection. Watch it radiate, filled with love and light, and then ask Archangel Michael to put a protective shield around the person.

★ Ask the person if they feel any better or different than prior to doing the session. Often people report feeling lighter and brighter so good luck with this!!

★ Thank the angels!!!

★ Check your grounding, clear your space, put your bubble around you, and make an energetic separation from your partner if you are doing partner work.

★ Party!

It is very important in this exercise that we get out-of-the-way and let the angels do their work. Our only job is to witness. So just hang back and watch the magic happen. If you can't see it just ask the angels to help you see from wherever you are sitting.

ARCHANGELS FOR THIS CYCLE

Last lesson, you spent time getting to know AA Michael, AA Raphael, and our good friend, Master Healer and Ultimate Miracle Maker, The Jesus....

★ **After your morning grounding steps, you will be invoking the presence of both Raziel and Haniel**, so you can begin to sense the energy of these beautiful beings in your energy field and discover what signal is the the signal for when you are connected to these amazing, and loving beings.

In your journal please write down everything, that you heard, saw, and felt. What were the differences between each archangel?

Also, if you are so inclined I would draw a picture. If you are not an artistic type, don't worry. It doesn't have to be perfect. **As a matter of fact, you can use crayons just so you don't feel like you have to take yourself so seriously.** There is a beautiful energy that happens when you create artwork from your angel encounters, so please don't judge yourself as a "bad artist". That's prison mind talking and we don't do that anymore. We just party!

In the beginning it is super important that you trust what you get and you write down what you *feel, sense, hear* or know about what it being said to you. **The more that you trust, the stronger your connection becomes!!**

The answers are *always* the first thoughts or feelings coming through. Sometimes in the beginning you can feel like you are just making it all up, like it's just your own voice, but over time you will notice there is a *distinct optimism, hope, wisdom, clarity, and peace in the messages that come through.* Which is obviously, not always our usual vibe :-)

Angel messages are **always positive**. If you are hearing something negative it is not your angel. It is more than likely the voice of you lower-self or an imposter, so don't listen to that. We have all been listening to that voice WAY too long.

There you have it Angel Alchemist! Have fun over these next two weeks and make sure to report your findings on our Facebook Group! There are soooo many awesome folk sharing their experiences with each other and lots of learning, and fun games happening over there, so if you haven't joined the FB group...HURRY!!

On angels wings we fly together, never alone again,

Corin xoxo

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